

## **SAMPLE FAMILY SHABBATON SCHEDULE**

Subject to change depending on groups' programmatic goals, religious observance level, time of year and facilities of site.

### Friday

4:00pm - 5:00	Arrival, Registration, Move in
5:00 – 5:30	Introductions and Icebreakers
5:30 – 6:30	Kabbalat Shabbat Prayer, Shabbat sing-along
6:30 – 7:45	Dinner
8:00 – 9:15	Evening Program – Family Night Stroll, Learn from the Animals
9:15 onwards	Laila tov or after-hours Play House: Games (madrichim)
9:30 onwards	Adult 'Coffee House' schmooze and optional discussion: Bringing Shabbat home: How to celebrate the ultimate Jewish environmental holiday (led by Teva or synagogue leadership)

### Saturday

8:30 – 9:15 am	Breakfast
9:30 – 10:15	Shacharit Morning Prayer Service Traditional Morning Prayer Service, Animal Yoga or <i>Tfillah B'Teva</i> , Prayer in Nature Family Service
10:30	Torah Service with Family Bibliodrama
11:45	Kiddush & Lunch, followed by <i>shirim</i> (singing)
12:15 pm	Change for Family Nature Experience
12:30	Family Nature Experience (see below)
2:30	Free Time (adult & kids)
3:30	Snack
3:45	Parallel Programming: Kids – Electives such as Spiritual Sports, Meditation, Arts & Crafts Adult - Shabbat Text Study or Synagogue Planned Program
5:00 – 5:45	Group and Community-building Games
6:15	Havdalah (time dependant on time of year)
6:30	Dinner
7:45 – 9:30	Campfire with Teva Programming and Talent Show
9:30	Laila tov and Adult 'Social'

### Sunday

7:30 – 8:30 am	Breakfast
8:45 – 9:30	Shacharit Morning Prayer Session and Community Music Making
9:45 – 11:15	Family Garden or Nature Experience and "Bring it Home" activity
11:15	Closing Circle
11:30	Departure (subject to change)

### **Family Nature Experience:**

This program will be flexible dependant on weather. If it's dry we will venture onto the trails for hiking, nature activities, etc. If there is snow on the group, we will make snow people and do programs about snow and Judaism. If it's raining we will play animal games and do group activities indoors.